

Gift of the sea

Limu moui, a sea plant from the Pacific island of Tonga, has been found to contain fucoidan, which may have antioxidant effects.

Fucoidan

Polysaccharide found in cell walls of limu moui, other seaweeds

Limu moui is used in beverages with aloe vera and green tea

Possible health benefits

- Prevents tumors
- Boosts immune system
- Stabilizes blood sugar levels
- Reduces cholesterol level



Source: Takara Shuzo's Biomedical Research Laboratories,
Food and Agriculture Organization of the United Nations
Graphic: Jutta Scheibe, Eeli Polli